

BTEC Sport



What is **Sport BTEC** all about?

The award is suitable for students who enjoy sport but do not want to specialise totally in one area. You will need to have an enthusiasm for sport, both theoretically and practically, and an interest in the broader aspects of sport and leisure. Equivalent to one A Level, this qualification is vocationally based with a combination of practical activities underpinned with theoretical study. This enhances the quality of learning, giving you a good mix of learning environments and real life learning experiences. Currently it is 100% coursework so no exams.

What are the requirements to join the course and why?

Students studying a BTEC Subsidiary Diploma programme will have achieved an average GCSE point score of 4.5 or above and have achieved at least a Grade C in English and Science. Having a qualification in either PE GCSE or level 2 Sport BTEC is advantageous but not essential.

What is the programme of study in terms of exams / CW / Controlled Assessment split and the topics covered.

Currently it is 100% coursework based but we are aware of the exam board looking at potentially introducing an exam aspect in the near future. You will cover:

Year 1: Assessing Risk in Sport The Physiology of Fitness Anatomy and Physiology in Sport Current Issues in Sport

Year 2: Sports Coaching Psychology for Sports Performance Fitness Testing for Sport & Exercise

*some of these units may change

What trips and opportunities are available for students to take part in?

On top of trips and activities that aid in the course development, pupils will be expected to work with local primary school students to gain confidence in leadership and coaching skills. Pupils will also be involved in the PE department Sports Leaders programme and will be an integral support to a number of events that take place within sports.

What do your current students think of the subject?

“I really enjoyed my Sport BTEC course at the Poly – I loved working with the youngsters and the fact we covered a broad range of topics with my passion of sport.”

– Ben Cooper – University of Brighton, 2014 Poly graduate.

“My teachers were fun and really pushed me. I wasn’t brilliant at GCSE level but this course, couple with Business has helped me get the points and knowledge required to study PE at University.”

- Jon Frost, Woolwich Poly graduate 2014, London Met Uni

What are the possible career paths after studying your subject?

Sports courses at university

Sports Coach Leisure centre manager

Fitness instructor Sports Psychology

Youth work Exercise Science

5 Useful webs links

Sports-ed.co.uk

brianmac.com

pinterest.com

442.com/statzone

Mrgym.com

P5 describe the function of the muscular system and the different fibre types

M1 explain the function of the muscular system and the different fibre types

D1 analyse the function of the muscular system/fibre types

E
X
A
M
P
L
E
Qs